This stanza of the Psalm opens with the subject of spiritual quickening. The Psalmist prays “quicken (revive, make alive, enliven, stimulate, restore, renew), thou (the source of quickening), me (the object of quickening), according to thy word” (the means used to bring quickening). GOD’S WORD HAS REVIVING POWER! The Psalmist expresses this desire of personal quickening throughout the Psalm [verses 37, 40, 88, 107, 149, 154, 156, 159], and he twice acknowledged that God had quickened him [verses 50, 93]. In this stanza of the Psalm several things are revealed about this spiritual reviving, and stimulation.

1. REVIVAL INVOLVES A SENSE OF NEED:
This is seen in verse 25 “My soul cleaveth unto the dust” Mourners in the Old Testament cast dust upon their heads and sat in the ashes, and the Psalmist by these words feels that he is stuck in mourning, his heart was full of sorrow, he was cast down and HE WAS POWERLESS TO RISE ABOVE HIS SITUATION! This sense of need is also seen in verse 28 “My soul melteth for heaviness” THERE WAS A HEAVINESS OF HEART! He was made to feel the burden of his need, and it was too heavy for him to continue to carry.

2. REVIVAL INVOLVES CONFESSION AND REPENTANCE:
He said in verse 26 “I have declared my ways” That he did so is a manifestation that he is aware of his “ways” and that he has made examination into his “ways” Upon examining his “ways” he prayed in verse 29 “Remove from me the way of lying” He sees his sin and desires it to be gone, to be taken away! In all spiritual quickening there is a desire and a longing to be set free from the bondage of sin!

3. REVIVAL INVOLVES BEING TAUGHT OF GOD:
Upon the realization that his “ways” were contrary to God’s standard, the Psalmist prays “teach my thy statutes” [verse 26]. He desired to be educated, instructed, trained, enlightened, and indoctrinated in the Word of God! He not only desired to be taught the Word of God, He desired God to be his teacher! He often prayed for such [verses 12, 33, 64, 66, 68, 108, 124, 135].

4. REVIVAL INVOLVES BEING MADE TO UNDERSTAND THE WAY OF GOD:
“Make me to understand the way of thy precepts” [verse 27]. To “understand” is “to comprehend, and to grasp” He is praying for insight into the meaning of God’s Word. He is not merely praying for understanding, but Make (do something to cause) me to understand” This speaks of the earnestness of his desire.
5. REVIVAL INVOLVES THE IMPARTING OF STRENGTH:
In verse 28 he prays “strengthen (fortify and bolster) thou (the source of strength) me (the one who needs strengthening) according to thy word” (the means of imparting strength). This is strength for the soul [Psalm 138:3] and God imparts it through the means of His Word!

6. REVIVAL INVOLVES THE SUPPLY AND PROVISION OF GOD’S WORD:
In contrast to the “way of lying” (falseness and deceit) is “thy law” and the Psalmist prays “grant (supply, provide, furnish and equip) me thy law graciously” [verse 29]. Revival involves a gracious bestowal of the Word of God!

7. REVIVAL INVOLVES THE CHOICE OF GOD’S WORD:
The Psalmist testifies in verse 30 “I have chosen the way of truth (the result of the removal of the way of lying), thy judgments have I (personal choice) laid (put down, set) before me” Revival causes one to desire the Word of God be constantly before them to behold!

8. REVIVAL INVOLVES CONSISTENCY IN THE WORD:
He testifies in verse 31 as a result of being revived, and choosing the ways of God’s Word, and having the Word of God before his eyes “I have stuck unto thy testimonies” He has gone from cleaving “unto the dust” to being fixed, fastened, and firmly attached to the Word of God! In revival ONE TAKES FAST HOLD OF THE WORD OF GOD!

9. REVIVAL INVOLVES EAGERNESS AND HEARTINESS:
In verse 32 he declares that as a result of revival “I will run in the way of thy commandments” To “run” is to be energized and implies freedom from hindrances! This is the result of God’s work upon the heart-”when thou shalt enlarge (extend, expand, grow, swell) my heart” Revival always involves the “heart” and always involves the “heart” expanding and growing with the Word of God!

In a world that has a powerful draining effect upon spirituality, God uses His Word to bring revival in the hearts of His people. When the Word of God is received, and is active in the heart, God uses it to produce continual spiritual stimulation and renewal.